

Excellence Early Learning Center Daily Schedule—Preschool



6:30-8:00am	Breakfast/ Choice Time
8:00-9:00am	Welcome Children & Parent Communication: Free Choice Centers -Language, Math, Science, Computers, Art, Sensory, Fine Motor & Imaginative Play
9:00-9:30am	Morning Snack, Good Manners & Health: Healthy snacks will be provided by the center and students will learn and practice good manners for eating hygiene such and brushing teeth and washing hands.
9:30-9:45am	Music & Morning Circle Time: Student led attendance song, weather, news, show and tell, and introduction to new activities
10:00-10:30am	Outside Play: Gross Motor Activities: Balance, tossing, coordination Small Motor Activities: Sand/ Water table
10:30-11:15am	Guided Activity: Integrated Whole Group Literacy/Math/ Science activity followed by independent related activities
11:15-11:35am	Music & Story Time: Theme related song and story
11:35am- 12:00noon	Art: Whole group art related to theme, letter of the week, number of the week, color of the week or shape of the week.
12:00-2:30pm	Toilet & Hand Washing/ Lunch/ Rest Time/ Quiet Activities
2:30-2:45pm	Wake up/ Mat Clean up/ Bathroom and Hand Washing
2:45-3:00pm	Afternoon Snack, Good Manners & Health: Healthy snacks will be provided by the center and students will learn and practice good manners for eating hygiene such and brushing teeth and washing hands
3:00-3:30	Story Time & Imaginative Play
3:30-4:00	Outside Play: Gross Motor Activities: Balance, tossing, coordination Small Motor Activities: Sand/ Water table
4:00-5:30	Free Choice Centers: Language, Math, Science, Computers, Art, Sensory, Fine Motor & Imaginative Play
5:30-6:30	Puzzles/ Blocks/ Parent Pick-Up

Excellence Early Learning Center Daily Schedule—Infants



6:30-8:30am	Welcome Children & Parent Communication: Free Play
8:30-9:00am	Breakfast: According to infants needs
9:00-9:45am	Fine Motor Skills: Cause and Effect, Tracking, Grasping, Turning
9:45-10:00am	Outside Time: Strollers
10:00-10:30am	Sensory Play: Touching/ Feeling books and textured toys
10:30-10:45am	Morning Snack: According to infants needs
10:45-11:45am	Gross Motor Skills Pushing, pulling, reaching, crawling, cruising
11:45am- 12:00noon	Lunch: According to infants needs
12:00-1:00pm	Rest Time or Outside time in stroller
1:00-2:00pm	Fine Motor Skills: Pounding, throwing, targeting
2:00-2:30pm	Afternoon Snack: According to infants needs
2:30-3:30	Story Time & Language Skills: Listening, speaking, looking
3:30-4:30	Gross Motor Skills: Climbing, crawling, rolling
4:30-5:30	Music: Listening, Singing and Movement
5:30-6:30	Free Play / Parent Pick-Up

